







# FLOWER MOUND ASSISTED LIVING LIFE ENRICHMENT CALENDAR MARCH 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 9:00 Morning Exercise & Devotions 10:00 Cards and Games 10:30 Errands with Tiffany 1:00 10 Minute Aerobics 2:00 Seniors S.O.S. Project 3:30 Bingo 6:00 New Movie Monday	<b>2</b> 9:00 Morning Exercise & Devotions 10:30 Crafts with Alicia 1:00 Bible Discussion with Dick 2:00 Resident Council 2:30 Sing-Along & Snacks w/ Ruth 3:30 Stained Glass Demonstration 6:00 Bridge & Card Games	<b>3</b> 9:00 Morning Exercise & Devotions 9:30 Visit with FUMC 1:00 10 Minute Aerobics 1:30 Food Committee Meeting 3:00 Bible Study 4:00 Wit and Wisdom with Chris 6:00 Surprise Game	<b>4</b> 9:00 Morning Exercise & Devotions 10:30 Crochet Club 1:00 Beanbag Baseball 1:30 Wal-mart 3:00 Crafts for the Community 6:00 Bridge & Card Games	<b>5</b> 9:00 Morning Exercise & Devotions 10:00 You Be The Judge/Current Events 1:00 10 Minute Aerobics 3:00 Happy Hour 4:00 BINGO BONANZA 6:00 Friday Night Movie with John	<b>6</b> 11:00 Wit and Wisdom with Chris 2:30 Movie Matinee 6:00 Evening News & Coffee 6:00 Bridge MOD—Tiffany
<b>7</b> 11:00 Worship Service 2:30 Sunday Sundaes 4:00 Christ Presbyterian Church 6:00 Game Of Choice 7:00 Funniest Home Videos MOD—Tiffany	<b>8</b> 9:00 Morning Exercise & Devotions 10:00 Coffee Shop 10:30 Errands with Tiffany 1:00 FMAL Fitness Challenge with ACT Home Health 2:00 Baking with Billie 3:30 Bingo 6:00 New Movie Monday	<b>9</b> 9:00 Morning Exercise & Devotions 12:00 Men's Lunch & Demo 1:00 Bible Discussion with Dick 2:30 Sing-Along & Snacks w/ Ruth 3:00 Book Review 6:00 Bridge & Card Games	<b>10 Margie Birthday</b>  9:00 Morning Exercise & Devotions 9:30 Visit with FUMC 1:00 10 Minute Aerobics 2:00 Lets Learn about Ireland 3:00 Bible Study 4:00 Wit and Wisdom with Chris 6:00 Surprise Game	<b>11</b> 9:00 Morning Exercise & Devotions 9:30 Catholic Devotional 10:30 Brain Games 12:00 Red Hat's St. Patty's Lunch 2:00 Sam Moon Trip 6:00 Bridge & Card Games	<b>12</b> 9:00 Morning Exercise & Devotions 10:00 You Be The Judge/Current Events 1:00 10 Minute Aerobics 3:00 St. Patty's Day Happy Hour 4:00 BINGO BONANZA 6:00 Friday Night Movie with John	<b>13</b> 11:00 Wit and Wisdom with Chris 2:30 Movie Matinee 6:00 Evening News & Coffee 6:00 Bridge MOD—Kim
<b>14 Day Light Savings</b> 11:00 Worship Service 2:30 Sunday Sundaes 4:00 Christ Presbyterian Church 6:00 Game Of Choice 7:00 Funniest Home Videos MOD—Kim	<b>15</b> 9:00 Morning Exercise & Devotions 10:00 Surprise Activity 10:30 Errands with Tiffany 1:00 10 Minute Aerobics 2:00 Crafts for the Community 3:30 Bingo 6:00 New Movie Monday	<b>16</b> 9:00 Morning Exercise & Devotions 1:00 Bible Discussion with Dick 2:30 Sing-Along & Snacks w/ Ruth 3:00 St. Patty's Day BINGO 6:30 <b>FMAL Family Night</b>	<b>17 St. Patty's Day</b>  9:00 Morning Exercise & Devotions 9:30 Visit with FUMC 1:00 10 Minute Aerobics 2:00 Men's Only Activity 3:00 Bible Study 4:00 Wit and Wisdom with Chris 6:00 Surprise Game	<b>18</b> 9:00 Morning Exercise & Devotions 10:30 Word Pictures 1:00 Movie Matinee 1:30 Target 3:00 Travel Log 6:00 Bridge & Card Games	<b>19</b> 9:00 Morning Exercise & Devotions 10:00 You Be The Judge/Current Events 1:00 10 Minute Aerobics 3:00 Happy Hour 4:00 BINGO BONANZA 6:00 Friday Night Movie with John	<b>20</b> 11:00 Wit and Wisdom with Chris 2:30 Movie Matinee 6:00 Evening News & Coffee 6:00 Bridge MOD—Patti
<b>21 Valerye Birthday</b>  11:00 Worship Service 2:30 Sunday Sundaes 4:00 Christ Presbyterian Church 6:00 Game Of Choice 7:00 Funniest Home Videos MOD—Patti	<b>22</b> 9:00 Morning Exercise & Devotions 10:00 Cards and Games 10:30 Errands with Tiffany 1:00 10 Minute Aerobics 1:15 Movie Matinee 6:00 Bingo with GLC	<b>23 Diabetes Alert Day</b> 9:00 Morning Exercise & Devotions 1:00 Bible Discussion with Dick 2:30 Sing-Along & Snacks w/ Ruth 3:00 Diabetes Alert Seminar 6:00 Bridge & Card Games 	<b>24</b> 9:00 Morning Exercise & Devotions 9:30 Visit with FUMC 1:00 10 Minute Aerobics 2:00 "What is That ?" Game Show 3:00 Bible Study 4:00 Wit and Wisdom with Chris 6:00 Surprise Game	<b>25</b> 9:00 Morning Exercise & Devotions 9:30 Catholic Devotional 10:30 Cowboy Stadium Tour 1:30 Movie Matinee 3:30 Peanut Auction 6:00 Bridge & Card Games	<b>26</b> 9:00 Morning Exercise & Devotions 10:00 You Be The Judge/Current Events 1:00 10 Minute Aerobics 3:00 Happy Hour 4:00 BINGO BONANZA 6:00 Friday Night Movie with John	<b>27</b> 11:00 Wit and Wisdom with Chris 2:30 Movie Matinee 6:00 Evening News & Coffee 6:00 Bridge MOD—Julie
<b>28 Palm Sunday</b>  11:00 Worship Service 2:30 Sunday Sundaes 4:00 Christ Presbyterian Church 6:00 Game Of Choice 7:00 Funniest Home Videos MOD—Julie	<b>29</b> 9:00 Morning Exercise & Devotions 10:00 Crochet Club 10:30 Errands with Tiffany 1:00 10 Minute Aerobics 1:45 Baking with Billie 3:30 Bingo 6:00 New Movie Monday	<b>30</b> 9:00 Morning Exercise & Devotions 10:30 Golden Heritage Blood Pressure Checks 1:00 Bible Discussion with Dick 2:30 Sing-Along & Snacks w/ Ruth 3:00 Pet Therapy 6:00 Bridge & Card Games	<b>31</b> 9:00 Morning Exercise & Devotions 9:30 Visit with FUMC 1:00 10 Minute Aerobics 2:00 Learn About 3:00 Bible Study 4:00 Wit and Wisdom with Chris 6:00 Surprise Game	<p><b>FLOWER MOUND ASSISTED LIVING</b> 6051 Morriss Road Flower Mound, TX 75028 Phone: 972.539.9444 Website: <a href="http://www.flowermoundalf.com">www.flowermoundalf.com</a> Tiffany Smith ~ Life Enrichment Director</p>		
<p><i>Creating environments where moments of joy, independence, and wellness are the focus each and every day. FMAL Family Fair, St. Patty's Day Happy Hour, Diabetic Alert Seminar with Radiant, FMAL Fitness Challenge with A.C.T. Check for updates on the community bulletin board and the Flower Mound Assisted Living website.</i></p>						

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